## **Peace for Parents**

## Anxiety in Children and Teens John Whitfield, LCSW

## Monday, January 28, 2019, 6 p.m. - 7 p.m. Spencer County High School (Cafeteria) | 520 Taylorsville Road | Taylorsville, KY 40071

What is anxiety? What are the signs and symptoms of anxiety in children and teens? What are some tips for helping children manage anxiety? Attend this educational seminar for answers to these questions and more.

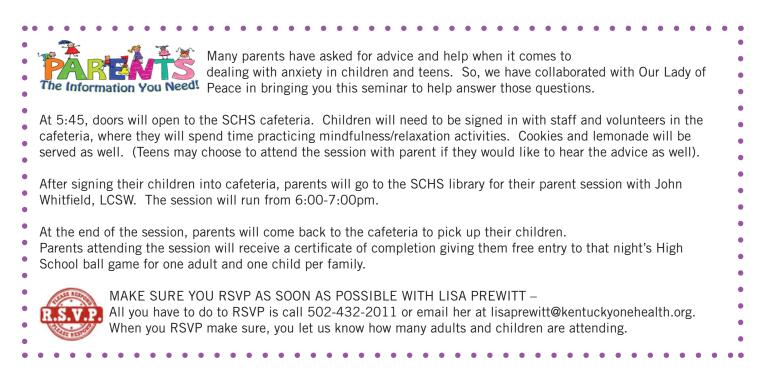
John Whifield is a Licensed Clinical Social Worker employed by Our Lady of Peace Hospital. He has years of experience working with children and adolescents in crisis.

If you would like to attend this No Cost seminar, please call Lisa Prewitt at 502-432-2011 or email lisaprewitt@kentuckyonehealth.org.

Child care will be provided.



JOHN WHITFIELD, LCSW





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