

SCMS C.A.N. Have Fun and Be Alcohol and Drug Free

*******Please do the below activities with your first period classes beginning next week. The parent info will be sent in Mr. Mercer's weekly newsletter but feel free to send out to parents through classroom correspondence. The top two classes in each grade with the most participation in the spirit dress up on week 1 will earn a treat. First period teachers please let us know the percentage of students that participate on Wednesday, April 21st. Treats may be given out randomly throughout the weeks as we see students participating*******

WEEK 1 (April 19th - 23rd): Squad Week: "Team Up Against Alcohol and Drugs - Wear Blue for Alcohol Awareness Month"

- Monday Morning Between Bell and Announcements Show the Following Video:
<https://www.youtube.com/watch?v=pi99ooRv1RU>
- Wednesday - Squad Day - Deck out in Blue - Treats will be given to top two classes with most participation in each grade.
- [Talking to Your Child About Drugs and Alcohol](#)
- [Alcohol and Grades](#)

Week 2 (April 26th - 29th): Neon Week: "Your future is bright, stay drug and alcohol free"

- Monday Morning - Teachers go [Natural High Playlist](#) and pick a video to show of a sports figure, musician, etc There are discussion questions if you have time and would like to go deeper.
- Have the students share what their natural highs are, what they are passionate about, what brings joy, or what excites them such as sports, crafts, music, cooking, traveling, theater, gaming, etc. These activities should be safe and alcohol and drug free. Teachers and students please send photos of you participating in your "natural high activity" to tammy.moorman@spencer.kyschools.us and we will create a cool powerpoint to be shown in a few weeks.
- Wednesday - Neon Day - Be Bright and Make Yourself Seen.
- [Parent Info on Teen Alcohol Use](#)
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Week 3 (May 3rd - 7th): Character/Influencer Week: "Have Strong Character - Stay Alcohol and Drug Free and positively influence others"

- Monday Morning - Show Anti-Vaping Video -
<https://www.youtube.com/watch?v=GrbfxA7tuFE>
- Wednesday - Character/Influencer Day - Dress as your favorite character or influencer and most creative and best dressed receive a treats at lunch.
- Parent Info to Share: <https://drugfree.org/article/how-to-talk-with-your-kids-about-vaping/>
- [Student FAct Sheet on Vaping](#)
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Week 4 (May 10th - 14th): Nerd Week: "Too Smart to Start Using Nicotine, Alcohol, or Drugs"

- Monday Morning - Play Drug Facts Jeopardy
[Jeopardy](#)
- Wednesday - Dress Up as a Nerd and those who have creative costumes get a treat at lunch.
[Parent Drug Facts To Know](#)

Week 5 (May 17th - 21st); Tacky Tourist: "Travel Life Nicotine, Alcohol and Drug Free"

- Monday Morning - Marijuana Quiz <https://www.samhsa.gov/marijuana-quiz>
[Tips for Teens Review and Handout](#)
- Wednesday- Dress up as A Tacky Tourist
[Parents info on Marijuana Use](#)

Week 6 (May 24th - 28th): Decades Day: "Say no to Alcohol, Ecigs, and Marijuana past, present and future"

- Monday Morning - Give Your Students the attached questionnaire from NIDA or play KAHOOT with the NIDA Questions:
[Drug Quiz](#)
[Create a Kahoot](#)
- Wednesday - Dress up in a style that represents a past decade, 20s, 50s, 60s, 70s, 80s, 90s, and 2 classes from each grade with most participation win an outside party with food involved.
- [Parent Vaping Information](#)